

# ਰਾਂਡਟੀਕਾਲਰ

## YOU NEED TO KNOW THAT

1. I am NOT a medical doctor.
2. I do not practice medicine.
3. I do not diagnose or treat for specific illness
4. I do not prescribe or adjust medication

## WHAT IS REFLEXOLOGY?

Reflexologists understand that the entire body is mirrored on the feet and hands. Foot and hand reflexology is a scientific art based on the premise that there are zones and reflex areas in the feet and hands which correspond to all body parts. The physical act of applying specific pressures using thumb, finger and hand techniques result in stress reduction which causes physiological changes in the body. A primary benefit of reflexology is relaxation. Relaxation through reflexology may help the body to balance any kind of stress it is experiencing.

## WHAT DOES REFLEXOLOGY DO?

1. Reflexology promotes balance and normalization of the body naturally.
2. Reflexology reduces stress and brings about relaxation.
3. Reflexology assists improvement of circulation and the delivery of oxygen and nutrients to the cells.

By signing this form, I give my consent to a reflexology session. I understand I may discontinue a session at any time. If I have been diagnosed by a licensed health professional as having any disease, injury or other physical or mental condition, I understand that I should inform the person who made the diagnosis about the treatment I will be receiving, and whether or not I intend to discontinue any treatment or therapy which has been previously ordered, prescribed or recommended by a licensed health professional. I understand that by discontinuing any such treatment or therapy, I assume responsibility for any negative outcome resulting from discontinuing that treatment or therapy.

Client Signature

Print Name

Date